

Backpacking Equipment List

Ten Essentials:

- 1. Compass
- 2. Maps
- 3. Pocket knife (Swiss Army or lock blade)
- 4. Matches/lighter/firestarter
- 5. Water (2 quarts minimum)
- 6. Flashlight (2 AA), extra batteries & bulb
- 7. Personal First Aid kit (including moleskin)
- 8. Extra food (snack/power bars, trail mix...)
- 9. Bad weather clothing
- 10. Whistle or other signalling device

Miscellaneous:

- 1. Prescription medications ***
- 2. Plastic bags, mixed sizes
- 3. Paper and pencil
- 4. 50 ft. parachute cord
- 5. Watch
- 6. Scout handbook, book, guides, etc..
- 7. ID, money and credit card ***
- 8. Playing cards [opt]
- 9. Camera and film [opt]
- 10. Fishing gear [opt]
- 11. Sewing/repair kit [opt]

Clothing (in addition to what is worn): *Avoid cotton, select synthetics (poly, nylon) & wool articles*

- 1. Rain coat & pants *
- 2. Hat [recommended]
- 3. Sweater or fleece jacket *
- 4. Winter coat [seasonal*]
- 5. Stocking cap*
- 6. Gloves *
- 7. Shorts, pants or convertibles (no jeans)
- 8. Long sleeved shirt
- 9. Long underwear, top & bottom *
- 10. 2 T-shirts
- 11. 2 sets underwear
- 12. 3 sets of socks (wool and or synthetic)
- 13. Bandanas
- 14. Camp shoes (sandals, watershoes, etc)

General:

- 1. Backpack & rain cover
- 2. Sleeping bag (3 season)*
- 3. Foam or self-inflating pad
- 4. Ground cloth (6'x8')
- 5. Hiking boots
- 6. Walking staff [opt]

Personal:

- 1. Tooth brush & paste (small)
- 2. Bio-degradable soap
- 3. Small towel
- 4. Foot powder [opt]
- 5. Sun screen
- 6. Chapstick
- 7. Insect repellent [seasonal]
- 8. Toilet paper
- 9. Unbreakable mirror [opt]
- 10. Sunglasses
- 11. Insulated cup, plate, bowl..
- 12. Eating Utensils, fork, spoon, knife
- 14. Medical form***

Shared equipment: - *Please note** at bottom in regards to all items shared with your tent partner*

- 1. Tent (1 per 2 people) with:
footprint, rain fly, poles, stakes & ropes
- 2. Food
- 3. Stove
- 4. Fuel for stove
- 5. Water purification (filter or chemical)
- 6. Cooking pot(s) & covers
- 7. Measuring cup
- 8. Stirring spoon & spatula
- 9. Spices
- 10. Bear bag [opt]
- 11. Rope
- 12. Repair kit
- 13. Small shovel
- 14. Tool kit (or multi-tool)
- 15. Patrol first aid kit [opt]

* - as required or dictated by weather conditions

** = Communicate closely to insure no item missed

*** = All outing participants shall inform outing leaders in advance of prescribed medications. Have current class III medical form copy available for leader and personal identification in the event of an emergency